

JENNIFER SWEETON, PSYD, MS, MA

CLINICAL AND FORENSIC PSYCHOLOGIST

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EDUCATION

JD	University of Missouri-Kansas City School of Law	pending 2024
PsyD	PGSP-Stanford PsyD Consortium, Clinical Psychology Dissertation: “ <i>Crisis Interventions for Emergency Services Personnel: Critical Incident Stress Management, Alternative Interventions, and New Directions</i> ”	2012
MS	PGSP-Stanford PsyD Consortium, Clinical Psychology	2010
MA	Stanford University, Personality Psychology and Affective Neuroscience Thesis: “ <i>Mood Repair in Major Depressive Disorder: An fMRI Study</i> ”	2007
BS	University of Kansas, Cognitive Psychology Thesis: “ <i>Hemispheric Lateralization in Native French Speakers</i> ” Graduated Phi Beta Kappa	2004
BA	University of Kansas, French Graduated Phi Beta Kappa	2004

OTHER EDUCATION

University of Oklahoma Health Sciences Center/Oklahoma City VA Medical Center Predoctoral Internship and Postdoctoral Residence	2011-13
NASA Academy in Astrobiology, NASA Ames, Moffett Field, CA	2004
Harvard University Extension School, Graduate Coursework in Behavioral Genetics, Statistics, and Psychopathology	2002-03
University of Pennsylvania, Summer Institute in Cognitive Neuroscience	2001

SELECTED HONORS AND AWARDS

Amazon #1 Best-Selling Author in Clinical Psychology
APA Early Career Achievement Award, American Psychological Association
AltCap Your Biz Competition Finalist, AltCap, Kansas City, MO
Oklahoma's Top 40 Under 40 Professionals, Oklahoma Magazine
OPA Distinguished Early Career Award, Oklahoma Psychological Association
Rhodes Scholar National Semi-Finalist, Rhodes Trust
Mensa Member Award Program Recipient, Mensa Education and Research
Stanford Center on International Conflict and Negotiation Fellow, Stanford Univ.
NASA Ames Academy in Astrobiology
Agnes Wright Strickland Award (Chancellor's Student Award), Univ. of Kansas
American Psychological Association Minority Fellowship (declined)
U.S. Department of Homeland Security Fellowship
National Science Foundation Fellowship
Society for Advancement of Chicanos and Native Americans in Science Scholarship
47th Annual Snyder Book Collecting and Essay Competition Winner, Univ. of Kansas
Biosciences Initiative Program, Univ. of Kansas
McNair Scholars Program, Univ. of Kansas

Recipient of over 20 additional paid awards

SELECTED EXPERIENCE

Judicial Intern

Judge Stephen R. Bough, U.S. District Court, Western District of Missouri, 8/2022-12/2022

Work with Judge Bough and his law clerks, research and draft memoranda and orders, attend trials and hearings, summarize cases, and perform case research.

Group Private Practice Owner

Kansas City Mental Health Associates, 2017-Present

Provide telemental health and in-person psychotherapy, assessment and forensic services. Dr. Sweeton specializes in evidence-based treatment and assessment of trauma- and stressor-related disorders, including PTSD. Additionally, Dr. Sweeton is qualified as an expert witness, with both civil and criminal forensic psychology experience. In particular, she has served as an expert witness and/or evaluator for personal injury, workers' compensation, capital murder, and other criminal defense cases. Dr. Sweeton has completed over 500 service connection disability evaluations for U.S. veterans.

Director of Behavioral Health

Clinton Service Unit (including three facilities), Indian Health Service, 2015-16

Direct and coordinate the Behavioral Health Department at the Clinton Indian Health Center, the Watonga Clinic, and the El Reno Indian Clinic. Provide direct supervision of Behavioral Health Department staff, ensuring efficient operation and organization, and spearhead integration with primary care.

Telemental Health Psychologist and Evidence-Based Practices for PTSD Provider
Telemental Health Program/Ambulatory Mental Health Clinic, Oklahoma City VAMC, 2013-15

Provide tele-psychotherapy to underserved and rural veterans suffering from PTSD, substance abuse, mood disorders, and anxiety disorders. Serve as the Oklahoma City VAMC Telemental Health Evidence-Based Practices for PTSD Provider, and as a South Central Mental Illness Research Education Clinical, Centers of Excellence Affiliate Research Investigator.

Solo Private Practice Owner

Mind Works Consulting and Psychological Services, PLLC, Oklahoma City, OK, 2013-17

Provide psychotherapy and assessment services to individuals and couples experiencing anxiety, PTSD, and mood disorders.

Combat Stress Recovery Post-Doctoral Fellow

University of Oklahoma Health Sciences Center/Oklahoma City VA Medical Center, Oklahoma City, OK, 2012-13

Provide individual and group psychotherapy and neuropsychological assessment services to combat veterans experiencing PTSD and other post trauma sequelae.

TEACHING EXPERIENCE

University of Kansas Medical Center , Kansas City, KS Adjunct Professor, Dept of Psychiatry and Behavioral Sciences	2017-Present
University of Oklahoma Health Sciences Center , Oklahoma City, OK Adjunct Professor, Dept of Psychiatry and Behavioral Sciences	2014-17
Stanford University , Stanford, CA Teaching Assistant, Department of Psychology	2005-06

SELECTED PUBLICATIONS

Books

Sweeton, J. L. (pending 11/2022). *The Traumatic Stress Recovery Workbook*. New Harbinger Publications.

Sweeton, J. L. (2021). *Eight Key Brain Areas of Mental Health and Illness*. W. W. Norton & Company.

Sweeton, J. L. (2021). *Train Your Brain Card Deck: 101 Techniques to Heal Trauma and Build Resiliency*. PESI Publishing & Media.

Sweeton, J. L. (2019). *Trauma Treatment Toolbox: 165 Brain-Changing Tips, Tools & Handouts to Move Therapy Forward (1st Edition)*. PESI Publishing & Media.

Sweeton, J. L. (2004). *A psychology major's guide to funding*. Bloomington, IN: AuthorHouse.

Peer-Reviewed Journal Publications

Pfefferbaum, B., Sweeton, J. L., Nitiéma, P., Noffsinger, M. A., Varma, V., Nelson, S. D., & Newman, E. (2014). Child disaster mental health interventions: therapy components. *Prehospital and disaster medicine, 29*(5), 494-502.

Pfefferbaum, B., Sweeton, J. L., Newman, E., Varma, V., Nitiéma, P., Shaw, J. A., ... & Noffsinger, M. A. (2014). Child disaster mental health interventions, part I: techniques, outcomes, and methodological considerations. *Disaster health, 2*(1), 46-57.

Pfefferbaum, B., Sweeton, J. L., Newman, E., Varma, V., Noffsinger, M. A., Shaw, J. A., Chrisman, A. K., & Nitiema, P. (2014). Child Disaster Mental Health Interventions: Part II. Timing, Settings and Delivery, and Approaches. *Disaster Health, 2*(1), 58-67.

Jordan, A. H., Lovett, B. J., & Sweeton, J. L. (2012). The social psychology of Black–White interracial interactions: Implications for culturally competent clinical practice. *Journal of Multicultural Counseling and Development, 40*, 132–143.

Breckenridge, J. N., Zimbardo, P. G., & Sweeton, J. L. (2010). After years of media coverage, can one more video report trigger heuristic judgments? A national study of American terrorism risk perceptions. *Behavioral Sciences of Terrorism and Political Aggression, 2*, 163-178.

Sweeton, J. L. & Deerrose, B. E. (2010). Causal attributions: A review of the past and directions for the future. *New School Psychology Bulletin, 7*, 31-41.

Selected Media Mentions

Bloomberg
Yahoo! Finance
Healthline
HuffPost
New York Post
Reader's Digest
Your Tango
First for Women
Zeit Online
Motherly
Bustle
Psychotherapy Networker

GoodTherapy.org
Psychology Today
American Psychological Association

SELECTED PRESENTATIONS, SEMINARS, AND KEYNOTE ADDRESSES

Dr. Sweeton is a sought-after trauma, neuroscience, and forensic expert who has trained more than 20,000 mental health professionals in all 50 US states and over 20 countries.

Selected Speaking Invitations

Istituto de Scienze Cognitive, Ltd., Milan, Italy	pending 2023
Psicologia.io, Florence, Italy	2021-present
Envision Consulting & Counseling, Inc., Calgary, AB, Canada	2020-present
Jack Hirose & Associates, Vancouver, BC, Canada	2020-present
PESI UK, London, England	2020-2021
American Institute for the Advancement of Forensic Studies, St. Paul, MN	2019-present
Byron Clinic, Byron Bay, NSW, Australia	2019-present
Psychotherapy Networker, Washington, DC	2019-present
TATRA Training, Adelaide, Australia	2017-present
PESI, LLC, Eau Claire, WI	2014-2021

Selected Presentations

Workshop: “2-Day Intensive Trauma Treatment Workshop: EMDR, CBT, and Somatic-Based Interventions to Move Clients from Surviving to Thriving,” PESI UK, December 4-5, 2020.

Seminar: “The Neuroscience of Mental Illness (Brain Structures, Connectivity in the Brain, and Brain-Changing Techniques for Forensic Experts (Seminar One),” American Institute for the Advancement of Forensic Studies, St. Paul, MN, November 6, 2020.

Keynote Address: “Neuroscience of God and Faith, and Resilience After Loss,” Grief Support Network Annual Conference, Overland Park, KS, August 21, 2020.

Workshop: “2-Day Seminar: EMDR: A Rapid, Safe, and Proven Treatment for Trauma,” PESI (Nanuet, NY), March 5-6, 2020

Workshop: “EMDR Skills Training: Effective Techniques for Trauma Recovery,” Byron Clinic (toured Melbourne, Brisbane, Sydney), October 2019.

Workshop: “Building a Resilient Brain: How to Apply the Latest Neuroscience Based, Brain-Changing Techniques for Better Mental Health,” TATRA Training (toured Brisbane, Melbourne, Sydney, Adelaide, and Perth), August 2019

ADMINISTRATIVE ROLES

Greater Kansas City Psychological Association President	2019
Oklahoma Psychological Association President	2017
APA Division 12, Section 10 President	2015
PTSD Awareness Day Event Committee Chair, OKC VA Medical Center	2015
VA Lean Team Facilitator, Oklahoma City VA Medical Center	2015
ECP Committee Founder and Chair, Oklahoma Psychological Association	2014
Certified VHA Mentor and Coach, Oklahoma City VAMC	2014

OTHER EXPERIENCE

Co-Founder, Co-Owner, and Director of Continuing Education

OnlineCEcredits.com (trade name for Mind Works Professional Education, Inc.), Olathe, KS, 2017-present

Review and approve continuing education content for OnlineCEcredits.com (OCEC), a customer-focused continuing education company offering innovative, convenient, and high quality CE courses for counselors, social workers, therapists, and psychologists. OCEC provides mental health continuing education credit to approximately 60,000 customers.

Consultant

Mind Works Consulting and Psychological Services, LLC, 2015-present

Provide consulting, executive coaching, and training on topics such as leadership development, stress management, conflict resolution, communication, emotional intelligence, and wellness program design. Clients include mental health clinics and agencies, Fortune 500 corporations, non-profit organizations, and universities.

Founder and Executive Director

Workings of Well-Being, Inc., 2013-18

Served as the founder and executive director of Workings of Well-Being (WoW), Inc., a non-profit organization that provided low or no-cost training services individuals, groups, and organizations. WoW was dedicated to teaching practical, evidence-informed skills that promote and enhance life-satisfaction and happiness. Clients included corporations (Chesapeake Energy Corporation), psychotherapy clinics (Your WellPath Wellness Center), universities (Santa Clara University), and several other organizations.

Consultant

Project +, French American Charitable Trust, 2007-11

Served as a think tank consultant for Project +, a multidisciplinary program on happiness and how it can impact the world. The findings were presented to the United Nations in 2012.